

1 HOUR SESSION	£40
SIX SESSIONS	£216
TEN SESSIONS	£320


30 MINUTE SESSION	£25
SIX SESSIONS	£135
TEN SESSIONS	£200

Personal training

2019 price list

To book call 259692 or email fitness@lagrandemare.com

DUO TRAINING	
30 MINUTE SESSION	£30 FOR 2 PEOPLE
1 HOUR SESSION	£50 FOR 2 PEOPLE

 Like us and share.

Vazon Coast Road Castel Guernsey GY5 7LL
www.lagrandemare.com

La Grande Mare
HOTEL, GOLF & COUNTRY CLUB ★★★★★