



# Application for Membership of La Grande Mare Health Club

Dear Sir/Madam

Thank you for your recent enquiry about membership of La Grande Mare Health Club. Please find enclosed our application form.

## Health Club Membership

The gym is open from 06:30 - 21:00 Monday to Thursday, 06:30 – 20:00 on Fridays and 08:00 - 18:00 at weekends

- Gold Health £57 pcm with access to all facilities during opening hours
- Silver Health £47 pcm with access to all facilities Monday to Friday 06:30 - 17.00
- Corporate Health £51 pcm during opening hours (minimum 5 people)

## Cancellation Fee

A cancellation fee of £50 applies during the initial 3 months of the contract should the agreed 3 month period not be fulfilled, unless an alternative contract agreement has been approved in writing by management.

## Health Club Facilities

The gym is split into 3 zones. The cardio zone is fitted out with full range of octane and gym gear equipment that has integrated smart screens. The functional zone has suspension training equipment, straps and kettle bells, and the performance zone with free weights and strength equipment. We have a LCD television, Bose sound system and air conditioning. Personal training is by fully qualified instructors.

The pool is 40' with a large hot spa, the sauna and steam room were supplied by Helo (German manufacturers of high quality steam rooms and saunas). Oak holdall lockers are available for rent in the changing facilities. All showers and wet areas are fully tiled with Italian ceramics. Members children / grandchildren of the age of 8 years and younger can swim from 09.00 – 10.00 7 days per week, and 15.00 – 16.00 on Tuesdays and Thursday afternoons. Children aged between 9 to 15 years old are not permitted to use the club at anytime.

## What next?

To come and view the facilities on offer please email [fitness@lagrandemare.com](mailto:fitness@lagrandemare.com) or contact us on 259692 and I will be delighted to arrange an appointment. Alternatively, simply fill out the application form, specifying your required category of membership and return including your joining fee.

Yours sincerely

Liam Smyth  
Health Club Manager

For more information call 259692 or  
visit [www.lagrandemare.com](http://www.lagrandemare.com)



# Application for Membership of La Grande Mare Health Club

Full name	<input type="text"/>	Date of birth	<input type="text"/>
Address	<input type="text"/>		
	<input type="text"/>		
Tel (home)	<input type="text"/>	Tel (mobile)	<input type="text"/>
Email	<input type="text"/>	Please tick if you consent to receive emails from us, you have the option to opt out at any time.	<input type="checkbox"/>
Relevant medical details	<input type="text"/>		
	<input type="text"/>		
Please tick to confirm your have read and understood our privacy policy, found on our website.			<input type="checkbox"/>

5-Day Silver Membership*	@ <b>£47</b> per month ( <i>admin fee £20</i> )
7-Day Gold Membership*	@ <b>£57</b> per month ( <i>admin fee £20</i> )
Corporate Membership*	@ <b>£51</b> per month ( <i>admin fee £20</i> )
<i>(Short term memberships available to be agreed by management)</i>	

Method of payment for admin fee	I understand that Direct Debit payments of
By Cheque <i>(made payable to La Grande Mare Health Club)</i>	<input type="text"/> £ <input type="text"/>
<input type="checkbox"/>	will commence on
By Bank Card	<input type="text"/> 1 <sup>st</sup>
<input type="checkbox"/>	and monthly thereafter.
By Cash	Signature
<input type="checkbox"/>	<input type="text"/>

## Notes

Any monthly membership direct debits not received will incur a £20 penalty on the following month's payment. Gold & Silver memberships allow use of the gym, pool, spa, steam room & sauna.

Health Club Gold membership offers 7 day use during opening times. Silver membership offers access Monday to Friday only, vacating the facility by 5pm. The management reserve the right to refuse an application.

\*Direct debit payments must run for a minimum of 3 months before notice to terminate membership in writing. One month's written notice must be given before termination of membership. Termination prior to minimum 3 months will incur a £50 cancellation fee. Direct debit payments are interest free. Fees may be subject to rises with appropriate notification.

For more information call 259692 or  
visit [www.lagrandemare.com](http://www.lagrandemare.com)



Please fill in the whole form using ballpoint pen and send it to:

Westward Investments  
La Grande Mare Country Club  
Vazon Bay  
Guernsey  
GY5 7LL

Name(s) of Account Holder(s)


Bank/Building Society account number

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Branch Sort Code

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Name and Full Address of your Bank or Building Society

To the Manager
Address
Postcode

### Instruction to your Bank or Building Society to pay by Direct Debit

Originators Identification number

4	0	0	5	8	5
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Reference Number

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Amount

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Instruction to your Bank or Building Society  
Please pay Westward Investments Ltd Direct Debits from the account detailed in instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this instruction may remain with Westward Investments Ltd and, if so, details will be passed electronically to my Bank/Building Society

Signature(s)
Date

### The Direct Debit Guarantee



- This Guarantee is offered by all Banks and Building Societies that take part in the Direct Debit Scheme. The efficiency and security of the Scheme is monitored and protected by your own Bank or Building Society.
- If the amounts to be paid or the payment dates change Westward Investments Ltd will notify you 10 working days in advance of your account being debited or as otherwise agreed
- If an error is made by Westward Investments Ltd or your Bank or Building Society. You are guaranteed a full and immediate refund from your branch of the amount paid.
- You can cancel a Direct Debit at any time by writing to your Bank or Building Society.