

# Health Club Membership For Healthy Active Lifestyles

Health, Tennis, Bar & Restaurants



## Health Membership \*

Silver 5 Day	£47 pcm
Gold 7 Day	£57 pcm
Corporate 7 Day	£51 pcm
Guest Pass	£10

\* Admin fee applies

Payable monthly by Direct Debit

(Short term memberships available, to be agreed by management)

+ Gym & Studio	+ Indoor Pool
+ Personal Training	+ Sauna & Jacuzzi
+ Fitness Classes	+ Steam Room

## Personal Training

30 mins	£25
10 x 30 mins	£220
LGM Member 10 x 30 mins	£200
1 hour	£40
10 x 1 hour	£350
LGM Member 10 x 1 hour	£320

## Duo Personal Training

30 mins – 2 people	£30
1 hour – 2 people	£50

## Classes (Limited)

Per Class

£5 - £12 dependent on class size

(Block booking discounts available)

Call **259692** to join today